

Welcome To *BodyWork By Vitality*

You are about to be empowered to a life of optimal health & vitality. Our studio is on the cutting edge of health care. At Vitality you will be provided excellent health care and your experience of getting healthy will be awesome. Before you begin this experience, sit back, relax and begin learning exactly why Vitality sets itself above the others.

We specialize in assisting our practice members to achieve their highest level of health through our spinal, neurological, bodywork and postural wellness programs. Our approach is very unique and advanced compared to other offices. This office is not like your typical bodywork, chiropractic, medical or other health care office. It was designed that way for a reason, a very important reason, **YOU**.

How many times have you spent good hard-earned money for something and just felt like saying, "Why did I bother?" The value of the product was drastically diminished when the service getting that product was terrible.

I want you to know that at Vitality it is our goal to give you the best care, while providing excellent service, and an experience that makes you say, "**WOW!**"

- From the state of the art computerized nerve testing to the soothing fountain
- From the ball chairs right out of The Jetson's cartoon to the state of the art wobble chairs to rejuvenate spinal discs
- Finally, from the highly energetic open adjusting room to the most energizing BodyWork professionals, **EVERYTHING** in this office has a purpose.

The purpose of the office setup is to teach you how to find the health you have lost and how to keep it once you have found it, all while giving you the "WOW" experience.

You will not find a stuffy, cold, or quiet white-coated doctor's office with staff that seems to only focus on their paycheck. You will find an office entirely the opposite whose dedication is to you, where children are highly visible, the energy is tremendous, where my team is comfortable and really loves what they do.

If this is what you are looking for, continue taking the next few steps toward Optimal Health and fill out the paperwork following this letter. Thank you in advance for your commitment to your health. One of my team will visit with you soon.

Yours In Health,

Dr. Rob Anderson

BodyWork MEMBER INFORMATION

Name: _____ Home Phone: _____ Cell Phone: _____
Date: _____

Age: _____ DOB: _____ M F Marital Status: S M D W E-mail address: _____

Address: _____ City: _____ Zip: _____

Occupation: _____ Who referred you? _____

Are you aware of any poor posture habits? Yes No

The most common postural weakness is Forward Head Syndrome. This happens when the head and neck start to bend forward and progressively move downward weakening the whole body. Even less severe forms of this posture can cause many adverse effects on your overall health.

Have you ever been told or feel like you carry your head forward? Yes No

Are you a chiropractic patient? [No] [Yes] – Where? _____

Have you ever had a professional massage? [No] [Yes] – Where? _____

What are your goals for your session? _____

Present Symptoms: _____

Are you under chiropractic/medical/therapeutic treatment? [No] [Yes] – What? _____

Please list medical provider's name & phone: _____

List any medications (including aspirin) and nutritional supplements you are taking: _____

Specify any allergies: _____

Please list any comments regarding your health or any emotional stresses you may be dealing with: _____

Do you have any communicable or infectious conditions? [No] [Yes] – What? _____

Are there any injured areas or conditions, such as bruises, cuts, sores, abnormal blood pressure, blood clots or cancer, that may be aggravated by massage? [No] [Yes] – What? _____

Do you like aromatherapy (i.e. scented oils)? [No] [Yes]

Do you have any allergies to fragrances of flowers? [No] [Yes]

In undertaking a massage at BodyWork By Vitality, I (print name) _____ Agree that: *The purpose of the massage is to provide stress relief, pain control and relax. The therapist will not treat, prescribe or diagnose an illness, disease or any other physical or mental disorder. Nothing said in the course of a massage session should be misconstrued to be such. I understand that a massage involves having my body touched. I hereby authorize the therapist to perform massage. I understand that any relief of physical or emotional symptoms is the product of processes, which reside within me. The power to heal comes from within. I understand that I am responsible for my emotions, feelings, body and belongings and the therapist is responsible only for giving a massage. Control of the session is always mine and I can stop it at any time. In the spirit of this understanding, I agree to hold BodyWork By Vitality and its employees blameless from any problem which may arise as a result of my massage.*

Signed _____ Date _____

BodyWork By Vitality

In order to eliminate any confusion about what you can expect of us or what we expect of you, please read the following **BEFORE** your massage.

1. We perform services for which we are qualified and able to do. We refer to appropriate specialist when work is not within our scope of practice and/or not in the client's interest.
 2. Sessions begin and end at scheduled times. If a session begins late due to the client arriving late, the session will be shorted by an equal amount of time. The client is still charged for the full time period.
 3. We provide our clients with a competent and professional massage session each time they come for an appointment, addressing the client's specific needs for that session.
 4. If we need to cancel an appointment, we will do our best to give you 24-hour notice.
 5. If cancellation is necessary, please give 24-hour notice by calling 303.346.7095 during normal office hours. Cancellations without 24 hours notification will be charged the full fee.
 6. Clients that repeatedly "no show" will be dismissed as a client.
 7. Occasionally a therapist will call in sick. If so, we will attempt to have another therapist cover the massages. If we are unable to get coverage, we will notify you as soon as possible.
 8. We do not guarantee that any one particular therapist will see you.
 9. Payment is expected before time of service.
 10. Be clean, having showered the same day as the session.
 11. If you have a cold or flu, please reschedule your appointment. You will not be charged a cancellation fee for this type of cancellation. We need your support to maintain the health of our therapist and clients.
 12. We do not perform massage on anyone under the influence of alcohol or drugs.
 13. You can be assured that privacy and confidentiality is maintained at all times.
 14. Clients are treated with respect and dignity. Personal and professional boundaries are respected at all times. Clients are covered with a sheet at all times during the session. Only the parts of the body being worked on are exposed at any time. The genitalia and breasts are never exposed or massaged.
 15. Sexual harassment is not tolerated. If the therapist feels their safety is being compromised, the session will be stopped immediately.
 16. All supplies used are clean and safe. Before each new session we put fresh clean sheets on the table.
 17. Please turn off all pagers and cell phones during your session.
 18. Tipping the therapist is encouraged.
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